



NEWSLETTER

FROM THE PRESIDENT

No, no, no. The end of summer can't be so close. I choose foot-stomping denial, head-in-the-sand, and horse camping til the end of September to keep reality from intruding on my happy place. More Jack Brooks. More Pt. Reyes, and lots more Showgrounds camping and trail riding.

Several big announcements: First, our popular Fireworks 25/50 Endurance Ride will return next year. Santa Cruz County Horsemen's Association will team up with the Quicksilver Endurance Club to host and co-manage the ride. Our Quicksilver friends are experienced at putting on endurance rides, enthusiastic and have lots of energy. We are looking forward to the return of this iconic event and to our partnership with Quicksilver. We're still working on a date, but most likely it will be at the end of June or first week in July 2017.

We're also joining up with Quicksilver for a combined SCCHA-Quicksilver membership meeting this month. Quicksilver members will be riding and camping out at the Showgrounds. We're going to join them for the showing of a movie. Please join us! Saturday, Aug. 27.

Since we didn't have the Fireworks Ride this year, the board decided to host a different, BIG event for members – **Camp Cut Loose**. We're going to have catered dinners, continental breakfasts, a scavenger hunt, arena events, an obstacle course, people and equine massage and myofascial release therapy, music and dancing. This is our first and only **adults-only** event, and will be limited to the first 60 people who sign up. Priority is given to SCCHA members: you can sign up starting August 5. If there are spots available, we will be open signups to non-members starting September 1. Another first – we will be using an online registration system for this event. See page 6 for more information on Camp Cut Loose and online signups, and please plan to come.

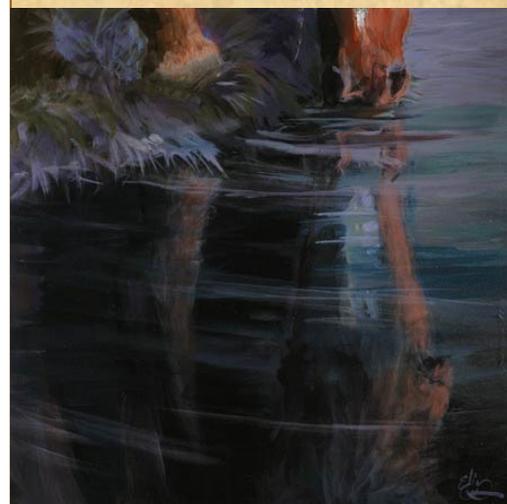
Happy Trails ~Robin

Membership Meeting

Saturday, Aug. 27th
6:30 ~ Clubhouse

*Quicksilver Endurance
Club & SCCHA
Join Forces for Fun*

Members of the Quicksilver Endurance Club will be at the Showgrounds for the weekend, so we are planning a joint Saturday evening meeting and movie. Join the fun!



NEWSLETTER PUBLISHED
MONTHLY BY THE
SANTA CRUZ COUNTY
HORSEMEN'S ASSOCIATION

EDITOR:

Claudia Goodman
manedance@baymoon.com
17151 Cougar Rock Rd
Boulder Creek, CA 95006

ALL SUBMISSIONS

Email file to address above.
DEADLINE is last Tuesday of
month for next month's issue.

TRADING POST ADS

must be horse related & non-
commercial. Free to members,
\$5 for non-members. Include
item, price, name, phone.

RENEW by email
each month ad is to be run.

STORIES & ARTICLES

from members are welcome.
Share your horse interest and
experience with us.

BUSINESS ADS

Email to editor at address
above. Ads must be paid in
advance, payable to SCCHA
and mailed to address above.

COMMERCIAL AD FEES

Business Card	\$20/mo. \$50/3 mos.
1/4 page	\$40/mo. \$400/yr.
1/2 page	\$80/mo. \$800/yr.
Full page	\$140/mo. \$1400/yr.

Sept. 10th Workday Approaching

Our club's second workday this year is coming up. We'd like to see many members join in. Volunteers improve the grounds in ways that promote safety for horse & rider, and the look and feel of our special equestrian gathering place. *And volunteers help keep membership fees down.*

Here is what we want to accomplish:

- Weed whacking around front gate and picnic areas
- Distribute wood chips to surrounding picnic areas
- Rake sand back into center of round pen
- Clean Clubhouse windows
- Clean around clubhouse



Tools we will need to get the job done:

- Weed whacker
- Power washer
- Shovels for wood chips

Workday start time is 9a.m.
Lunch & cold drinks provided.
Please contact Patsy at
patsyjohnston@sbcglobal.net
to sign up.



Ready to Sign-up for Camp Cut Loose?

☆ See all details on page 6 ☆



Join us at Graham Hill Showgrounds for SCCHA's first annual adult play weekend Sept. 16-18. We are planning both organized and independent horse activities for Friday afternoon, Saturday, and Sunday morning: arena games, an obstacle course, a scavenger hunt, and self-guided trail rides. We have music with dinner on Friday night and line dancing after dinner on Saturday night. We have prizes for the games, as well as a welcome gift for all participants.

The event is open to 60 participants, with one horse per person! SCCHA members get priority, and can *sign up online starting August 5th*. If we still have space, we will open up registration to non-members beginning September 1st.

TO ALL MEMBERS: NOTICE CONCERNING TRAINERS

SCCHA's Insurance Company and Santa Cruz County Parks requires any trainer who trains at Graham Hill Showgrounds to carry equine liability insurance. Members may only work with trainers at the showgrounds if they have this required insurance. A trainer is: Anyone who accepts monetary or other compensation (includes trading items or services) for giving instruction to riders & handlers.

SCCHA MAKES NO ENDORSEMENTS of any trainer, even those with the required Certificate of Liability Insurance. Trainers must follow the same rules set forth for all members and have no additional privileges. Members with trainer questions may contact any board member. Members are welcome to contact Mary Sullivan-White (see back page) to find out if a trainer has recently filed their Certificate of Liability Insurance, and exactly what is required to satisfy insurance obligations.

Trainers who meet requirements & their insurance exp. date:

- Rebekah Crill 7/17
- Kelly Eynon 10/16
- Dori Fontaine 8/17
- Patty Kiersted 12/17
- Wendy Killingsworth 7/17
- Kristin Praly 8/17
- Bonnie Stoehn 6/17

Have Horses? Take the Heat Seriously!

excerpted from US RIDER, see full article at <http://www.usrider.org/article/10-facts-horses-hot-weather-53664>

Unlike dogs and most other animals, horses have sweat glands throughout their skin. Sweating creates “evaporative cooling” — as water changes from a liquid to a gas, it absorbs energy from its surroundings. In this case, that energy is in the form of heat from the skin and the air just above, leaving it cooler. But sweating is actually a horse's secondary cooling mechanism.

When a horse begins to sweat, fluids from his bloodstream pass through the sweat glands to emerge onto the surface of the skin. But as he continues sweating, the blood left behind becomes more concentrated. Long before the blood becomes too dense for the heart to pump it, other fluid reserves within the body are drawn into the bloodstream to keep the critical red cells moving as the horse works.

If you're worried that your horse may be getting dehydrated, there are two simple tests you can do. One is the skin-pinch test: Grasp a fold of skin on the point of his shoulder and pull it away from his body slightly. Then release it, noticing how long it takes for the “pinch” to flatten out. In a hydrated horse, the skin will snap back in less than a second. If the crease is still visible after 2 to 3 seconds, the horse is dehydrated; call your vet if you can still see the pinched area after 6 seconds.

Recharging the batteries: Electrolytes are minerals — calcium, potassium, sodium, magnesium, chloride, bicarbonate and phosphate — that play a role in most of the electrochemical processes that sustain life. And all are lost in prodigious quantities when a horse sweats. Fortunately, a horse can replenish his internal mineral supplies as he grazes or eats his normal feeds. Sometimes, however, administering an electrolyte supplement may be advisable to help a sweaty horse recover faster.

Grass, hay, grains and commercial feeds are high in electrolytes, and most horses can readily replenish most of the minerals lost through sweat simply by eating their regular rations. There are, however, **two essential electrolytes that are not abundant in natural feeds and must come from another source: sodium & chloride.**

A horse who isn't sweating when others around him are may have anhidrosis, the inability to sweat. The causes of anhidrosis are not well understood, although the condition usually develops in horses who sweat for prolonged periods of time in very hot, humid conditions. In effect, the horse's thermoregulatory system shuts down, and even slight exertion in hot weather can cause dangerous overheating.

An affected horse may sweat a little under his mane or under tack, but his coat remains mostly dry despite exertion in hot weather. He may breathe forcefully through his mouth in an effort to cool himself, and he may be lethargic and uninterested in food or water. He needs to be cooled off promptly: Move him to a shady area, and douse him with cold water.

Call your veterinarian if you suspect your horse may be developing anhidrosis. There is no proven treatment, but you'll need to take long-term measures to keep him as cool as possible in hot weather. In some cases, relocating the horse to a cooler climate may be the best option. As for the other horses described above, the amount and quality of sweat they produce can vary according to their individual levels of fitness, physiques and other factors, but as long as they are alert, eat and drink readily, and recover fully from exertion within an hour or so, they are probably just fine.

Heat exhaustion, also called heat stress, is a life-threatening condition that develops when a horse is unable to cool himself by sweating. If his core temperature reaches 104°F, his metabolic system will be affected, and if it goes to 105°F or higher, his organs and circulatory system may begin to shut down. Identifying the earliest warning signs of heat exhaustion is critical to avoiding devastating consequences. Signs of trouble:

- the horse's sweat becomes thick and sticky
- gums & mucous membranes become dark and/or discolored
- his pulse is elevated but weak and irregular despite rest
- he is depressed, with a low head posture
- his breathing is either rapid and shallow or deep and gulping

If your horse develops heat exhaustion, you'll need to act quickly to save his life. Call a veterinarian right away, but even as you're doing that, you can take a number of steps to start bringing your horse's body temperature down. Do not give this horse electrolytes! A horse who has already reached the point of heat exhaustion is metabolically stressed, and forcing him to swallow electrolytes may stress his system even more. Instead, move the horse into the shade, douse him with the coldest water available, administer an electrolyte paste, press ice against his head and throat and encourage him to drink.

continued on next page.

Take the Heat Seriously... continued from page 4

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If a horse in heat stress isn't cooled down quickly, his condition may progress rapidly to heat stroke. If his body temperature rises to 106 °F for a prolonged period, or if it tops 108° for as little as 15 minutes, the damage to his body may be irreversible. The horse's brain is the first organ is likely to show the first signs of the most serious effects of prolonged high temperatures. If a horse survives the initial bout of heat stroke, he may still develop colic, laminitis,

kidney failure, liver failure and other serious issues stemming from damage to his internal organs.

Knowing how to help a dangerously heat-stressed horse is important---but it's far better to keep him from overheating in the first place. Always, always have cold drinking water available to your horse. Also, The myth that hot horses who drink very cold water are at risk of colic is persistent. But research done for the 1996 Olympic Games in Atlanta definitively showed that offering a hot horse cold water posed no threat to his health. In fact, letting a thirsty horse drink is one of the best things you can do for him. Finally, when the forecasts call for high heat, especially when the humidity is also high, schedule your most rigorous workouts for the coolest hours of the day—or take the day off if you can.

ROSS JACOBS

Keeping the horse inside the horse

Coming to Ben Lomond from Australia
Horsemanship Clinic

August 19-22, Ben Lomond, CA

www.goodhorsemanship.com.au

Individual Sessions [as opposed to group format]

\$390, 3-day clinic (3-60 minute sessions)

Boarding: \$25 per night

\$520, 4-day clinic (4-60 minute sessions)

Auditor: \$25 each day

30 & 90 minute sessions available upon request - contact clinic host to arrange

Contact Clinic Host: Sheri Rath 831-359-0917 / sheri@whitecrane.com



My clinics are for people with all levels of experience and different interests of pursuit. You might be working on flying changes or picking up your horse's feet. You may want to compete in dressage or reining or you may want to start a horse under saddle or perhaps just get along better with your horse. Each clinic addresses the needs of each rider.

—Ross Jacobs

Author of "The Essence of Good Horsemanship"

BUSTER MCLAURY CLINIC

SEPT. 22-25 Sponsored by SCCHA



Riding space still available in this clinic!

Cattle Class and Horsemanship 1 and 2 Classes

Mechanical cow will be in use for all 3 classes
[which will really make things fun and interesting!]

Excellent opportunity for all levels/ages/riding disciplines.

Discount available if you sign up for more than one class.

Complete info here: <http://www.thinkinghorsemanship.com/buster.html>

Any questions — give me a call at 831-457-2224 — Bonnie Stoehn, organizer

TRAILER MUCH? CONSIDERING INSURANCE TO COVER THE UNEXPECTED?

For those of you who trailer your horses short or long distances, there can be great peace of mind being insured with USRider Equestrian Motor Plan. If you have a trailer or truck malfunction on the journey, they will come and get you, and make sure your horses have a safe place to stay until repairs have been made. With USRider Equestrian Motor Plan, you are also covered for towing you when you are not trailering!

USRider will provide two FREE months membership when any SCCHA member joins USRider. Each applicant must use the **Promo Code SCC516**. **This promotion expires on 9/30/16**. If you are interested in finding out more about this service, go to <http://www.usrider.org>.

**NEVER BE
STRANDED
AGAIN.**

24/7 Nationwide Roadside
Assistance for Equestrians



SCCHA'S FIRST ANNUAL
ALL WEEKEND EVENT:
Camp Cut Loose!
September 16 - 18
at grabam hill showgrounds

Join Us for Some Romping, Stomping Revelry

Welcome to our first annual adult play weekend. Come with friends, partners, spouses, or on your own and make new friends. We are planning both organized and independent horse activities for Friday afternoon, Saturday, and Sunday morning: arena games, an obstacle course, a scavenger hunt, and self-guided trail rides. We'll have music with dinner on Friday night and line dancing after dinner on Saturday night. We have prizes for the games, as well as a welcome gift for all participants.

The event is open to 60 participants, with 1 horse per person. SCCHA members get priority, and can sign up online starting Aug. 5th. If we still have space, we will open it up to nonmembers Sept. 1st.

1 FEE COVERS EVERYTHING...

Friday & Saturday dinners & camping, Saturday & Sunday breakfasts, and all activities.
\$100 for members, \$125 for non-members - we welcome everyone from 21 years old to infinity!

To sign up, go to <https://sccha.wildapricot.org> and click on Events. Use PayPal to register instantly. We will take checks but you are not registered until we receive your check — Please mail it to:

Deborah Herting 395 Manzanita Ave. Felton, CA. 95018

Short message to the kids who will stay home: We will miss you, but your folks deserve a summer camp of their own. Send them off cheerfully and be good at home, or at least good enough so they can stay the whole time!



Graham Hill Showgrounds Events Calendar

All Showgrounds Events are Scheduled through the Calendar Secretary
Events listed in CAPS are SCCHA sponsored

1 st & 3 rd Sat. 9am-noon	Pony Club Mounted Meeting - Large Arena Contacts: Betsy Cameron oatcakecameron@gmail.com / Nichole Fisher: nm84@aol.com
8/5-7	Bay Area Savvy Players large arena & 25 paddocks all 3 days
8/19-22	Tri-City Horsemen 30 riders and paddocks
8/27	MEMBERSHIP MEETING *note <u>not</u> on usual membership evening!* See page 1 for details.
8/27-28	Quicksilver Endurance Riders Horsecamping - about 25 paddocks in use.
9/10	CLUB WORKDAY second and final work this year - more details on page 2
9/16-18	SCCHA 1ST ANNUAL CAMP CUT LOOSE entire Showgrounds reserved. See details on pg. 6!
9/22-25	BUSTER MCLAURY CLINIC one arena reserved. Large arena from 8-11 for cattle class and then small arena from 12:00-6:30 for the Horsemanship Classes. Contact Bonnie 831-457-2224/ bonnies@cruzio.com www.thinkinghorsemanship.com
11/4-6	Krista Koenig Clinic large arena reserved & 15 paddocks reserved. fromstarttofoundation.com
12/4	SCCHA HOLIDAY PARTY

Area Events

8/19-22 Ross Jacobs Horsemanship Clinic - Ben Lomond, CA Ross' clinics are for people with all levels of experience and different interests of pursuit. You might be working on flying changes or picking up your horse's feet. You may want to compete in dressage or reining or you may want to start a horse under saddle or perhaps just get along better with your horse. Ross works with each horse and rider individually to ensure the needs of each rider is addressed. Auditors welcome. See ad in this issue. Info about Ross at www.goodhorsemanship.com.au. Contact: Sheri Rath 831-359-0917 / sheri@whitecrane.com

10/14-16 Ricky Quinn Clinic El Gabilan Ranch, Salinas This family owned ranch is located just outside of Salinas off Hwy 101. The ranch has plenty of stalls & paddocks available; dry camping available on site. Ride with us or audit for the weekend. Ricky will be traveling with the "Legacy Horse" he started this year and it will be a great opportunity to watch him work with this colt as he progresses. More about the Legacy Horse at www.rickyquinnclinics.com/legacyhorses/ Class offerings include Horsemanship 1 & 2 with Cattle. \$400/class, plus cattle fee for Cattle Working. If you sign up for both classes, cost is \$750. Contact Lisa at bayareahorsemanship@gmail.com / 831-359-3796

Trading Post

Morgan Mare for Sale - Very sweet, gentle and sensitive 14 yr bay, 14.3H, big build. *Bellisima* is very good in a busy arena, with kids, and on quiet or busy trails with others. She's had tons of trail exposure to bicycles, skate boards, dogs, cars, big trucks, construction. Easy keeper, barefoot. Light & responsive. Has had lots of Natural Horsemanship work, very sensitive to cues. She *loves* people & attention; will be best friends with her new owner. If you're fond of Morgans, you're sure to really like this mare. Will sell to good home only. Karen, (650) 642-8989 / karenclarinet@yahoo.com.

2016-17 SCCHA Board of Directors

● *Area code for phone numbers is 831 except where noted* ●

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Robin Musitelli, 338-8980 manemom@gmail.com

Director / Treasurer

Kristi Locatelli, 818-2848 klocatelli@yahoo.com

Director / Recording Sec'y

Val Riegel, 246-2983 hhzcurator@gmail.com

Director / Membership Sec'y

Mary Sullivan-White, 331-6227 / 425-7352
sulliz28@yahoo.com

Director / Calendar Sec'y

Elise Levinson, 425-8667 sccowgirl@sbcglobal.net

Director / Volunteer Coordinator

Patsy Johnston, 458-9135
patsy.johnston@sbcglobal.net

Director / Grounds

Deborah Herting, 408-202-7489
deborah_herting@yahoo.com

Director

Melissa Broquard, 408-431-2417
mhbroquard@gmail.com

Director

Debbie Boscoe, 423-8848 debbieboscoe@gmail.com

Director

Bonnie Stoehn, 457-2224 bonnies@cruzio.com

Director

Heather Shupe, 408 348-9512
shrkschupe@sbcglobal.net

GROUNDS CARETAKER: Tricia Dalton idratherbridin@yahoo.com 566-4763

August 2016

Address correction requested

1145 Graham Hill Rd
Santa Cruz, California
95060 - 1469

SCCHA