



NEWSLETTER

FROM THE PRESIDENT

Well, I promised a fun year, but it's looking to be better than I expected.

We've just added a handful of new events to the SCCHA calendar: a Spring blanket pick up/wash/repair service that coincides with our first work-day on April 8 (my blankets are mud-caked wads coated with hair), a two-part Endurance 101 clinic starting Feb. 21 at our membership meeting; an Open House and Grounds for local barns (April 22), and a Vaqueros Clinic with cows (Oct. 28 and 29).

And that's in addition to Camp Cut Loose (Oct. 7 and 8), Ride for Relay (May 20 and 21), the hosting the California State Horse Association Trail Trial finals (Sept. 20 to 24), Fireworks 25/50 (July 15 and 16), and a cow clinic with Buster McLaury (Sept. 14 to 17).

We also have new several prospective board members – *I call them fresh horses* - that I know will bring talent, energy and experience to the club. Donna Rodoni, a former board member and president, is a familiar friendly face. Donna's kids were practically raised at the Showgrounds, and now her grandchildren are cantering around. Donna's cooked for many an SCCHA event over the years – and is famous for her fabulous pies. Karen Bish relocated lock, stock and barn from Oregon a few years ago and is now a local Realtor and trail rider. You've probably seen her ads in our newsletter showing her riding up Cougar Rock in the Tevis endurance ride.

We know that SCCHA is important in our lives, but I was recently reminded that we are also an important part of our community. I received a request from the San Lorenzo Valley Museum director, Lynda Phillips, asking for local objects, photos, ribbons, programs, announcements, etc. for an upcoming exhibit, "Hometown Teams." The museum is hosting its second Smithsonian exhibit which will focus on both competitive and friendly competitions in small community and how they bring communities together, provide a community identity and the spirit that all types of team competition give. We do have memorabilia to share, but would certainly welcome additions from members. Please contact me if you have something to share. (manemom@gmail.com)

We've approved plans for sprucing up the entry to the Showgrounds with new signage, a kiosk, and a waste bin enclosure. We hope to be ready by this summer. And we're planning the grand get-um-gopher round-up – and I'm the head of this Gopher Getter posse, mind you.

It's been awesome to represent SCCHA these past four years –and to be promoted to Gopher patrol. I'm looking forward to a lot of good horsing around. Thank you and happy trails. ~Robin

Next
Membership Meeting
Tuesday Evening
February 21
6:30 ~ Clubhouse

Endurance 101 Part 1

Our Fireworks Endurance Ride returns this year. We'd like to see locals interested in this sport have an opportunity to get a leg up on the basics, and started off on the right hoof.

We are preparing a *free* two-part course that provides critical introductory information. This meeting will start us off with part 1: overview of basic information about endurance riding and conditioning.

Club members and guests are welcome to join.

A full day class, part 2, will be held in March.

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SANTA CRUZ COUNTY
HORSEMEN'S ASSOCIATION

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ALL SUBMISSIONS

Email file to address above.
DEADLINE is last Tuesday of
month for next month's issue.

TRADING POST ADS

must be horse related & non-
commercial. Free to members,
\$5 for non-members. Include
item, price, name, phone.

RENEW by email
each month ad is to be run.

STORIES & ARTICLES

from members are welcome.
Share your horse interest and
experience with us.

BUSINESS ADS

Email to editor at address
above. Ads must be paid in
advance, payable to SCCHA
and mailed to editor's address.

COMMERCIAL AD FEES

<i>Business Card</i>	\$20/mo. \$50/3 mos.
<i>1/4 page</i>	\$40/mo. \$400/yr.
<i>1/2 page</i>	\$80/mo. \$800/yr.
<i>Full page</i>	\$140/mo. \$1400/yr.



Our website address is <https://sccha.wildapricot.org>
Please make sure you've found & bookmarked our site!

View SCCHA's new website on your phone, tablet or computer.
Access secure member-only content by clicking on "LOGIN" at the
top of the page, then enter your e-mail account and password.

Call Heather at 408-348-9512 for support if needed.



General Feed & Seed Company

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TO ALL MEMBERS: NOTICE REGARDING TRAINERS

SCCHA's Insurance Company and Santa Cruz County Parks requires any trainer who trains at Graham Hill Showgrounds to carry equine liability insurance. Members may only work with trainers at the showgrounds if they have this required insurance. A trainer is: Anyone who accepts monetary or other compensation (includes trading items or services) for giving instruction to riders & handlers.

SCCHA MAKES NO ENDORSEMENTS of any trainer, even those with the required Certificate of Liability Insurance. Trainers must follow the same rules set forth for all members and have no additional privileges. Members with trainer questions may contact any board member. Members are welcome to contact Mary Sullivan-White (see back page) to find out if a trainer has recently filed their Certificate of Liability Insurance, and exactly what is required to satisfy insurance obligations.

Trainers who meet requirements
& their insurance exp. date:

Rebekah Crill 7/17

Dori Fontaine 8/17

Patty Kiersted 12/17

Wendy Killingsworth 7/17

Kristin Praly 8/17

Bonnie Stoehn 6/17

As 2016 ended and 2017 began, we at **Lichen Oaks Adaptive Riding Center (LOARC)** thought back to the students who were able to attend lessons due to the generous donation of funds from the **June**

THANK YOU
SCCHA!

2016 Trail Trials event of the **Santa Cruz County Horsemen's Association**. It's very fitting that your event, focused on strength and flexibility of mind and body in horses, raised funds to help special-needs students work on those very same issues. Here are some of the places where your gift made a real difference:

One of the students your donation sponsored was referred to our center to work on physical strength and flexibility. Her mother hoped that therapeutic riding would help her daughter's stiff leg and weak arm, and was surprised to find her daughter also gaining emotional strength as she learned how to tell a 1000-pound horse where to go and how fast to get there. A very fast learner, she was able to ride independently from her very first lesson! Her lesson horse respected her decisiveness and persistence and he tries hard to do what she asks.

Horsemen everywhere understand that stiffness equals weakness. If a horse or rider cannot flex, they become prone to injury. "Stiff-necked" has become an idiom for stubborn refusal to change course. Many of the goals for our riders involve some form of "increase range of motion" or "increase ability to adapt to change". The two adult students who benefitted from your sponsorship have gained flexibility.

A life-threatening car accident and consequent chronic pain ended one woman's horse ownership. The over-whelming grief of a loved one's murder further closed off her world and kept her at home, in bed. Coming to LOARC and being able to groom and ride horses in a supportive setting transformed her. She is emerging from the cocoon of depression and doing her physical therapy exercises during the week in the knowledge that it will help her ride better. In addition to bodily flexibility, she is gaining a wider range of emotional expression and connection. She always ends her lessons with smiles and hugs for the volunteers and her lesson horse.

A young woman who was anxious around horses submitted to her family's pressure to get in the saddle and just ride through her fear. The result was a fall that injured her and confirmed her perception that horses are dangerous and unpredictable. Because of your sponsorship, she came to LOARC hoping that there was a safe way to be around horses. We started very slowly, just

watching the horses in turnout and talking about their experience in the world as prey animals. At the end of the first 8 weeks, she was ready to ride - having learned how to move a horse backward, forward, and turn its hind and

forequarters from the ground. Thanks to your donation, she was able to return for another 8-week session, in which we built on her knowledge and confidence. She learned how to get off the horse in an emergency, how to slow a bolting horse down, and how to project calmness to the horse keeping her anxiety from becoming contagious. She ended her Therapeutic Riding lessons a competent beginning rider and has since become a volunteer at the center, helping others learn how to be safe around horses.

One of the children this young woman works with in her volunteering is also a beneficiary of your donation. This child has trouble expressing herself verbally. She struggles to find the right words and put them together in a way that gets her message across. Autism also makes it difficult for her to modulate her sensory experiences and things tend to come across as too quiet and dull or too noisy and over-whelming. With the volunteer's patient help, this girl has begun to speak in full sentences, saying, "Help me please," when something is out of reach, and "Be like a dog!" when we turn her horse loose for a roll in the dirt after each lesson.

On behalf of these students and others, thank you **SCCHA**. Because of your generosity, lives are being improved as people experience increased physical and mental strength and flexibility.

**The Team at
Lichen Oaks Adaptive Riding Center**



Membership Renewals are Due by 3/31/2017

for membership through 3/31/2018



Don't you just love WINNING A PRIZE?

RENEW your SCCHA membership ONLINE

**And you will be entered in a random drawing
for your choice of one of these GREAT PRIZES:**

- **FREE 2018 single membership** (\$120 value can be applied to single or family membership)
- **One FREE entry to Camp Cut Loose 2017** (Oct 7-8, 2017)
- **Your choice of SCCHA gear** (Sweatshirt; Cap & shirt; 2 SCCHA wine glasses)

HOW TO ENTER

1. Go to the club's website: www.sccha.wildapricot.org

Login

2. using your e-mail account (Call Heather at 408 348-9512 if you need help)

3. Click on your Name, near the top of the screen

Renew to 01 Apr 2018

4. Click
5. Complete the online renewal form

Pay online

6. via PayPal* (Just like e-bay or Amazon!) no later than March 31, 2017

Notes: Drawing is limited to annual memberships which are renewed and paid online during February and March 2017. One winner will be selected at random from paid online renewals in February; a second winner will be selected from paid online renewals in March. Prizes are not redeemable for cash, and are not transferable. If chosen, SCCHA gear must be redeemed at SCCHA in person at any club event or meeting during 2017. *A PayPal account is not required to pay online. Details available at www.PayPal.com

RENEW YOUR SCCHA MEMBERSHIP ONLINE TODAY!

WWW.SCCHA.WILDAPRICOT.ORG



Graham Hill Showgrounds Events Calendar

All Showgrounds Events are Scheduled through the Calendar Secretary
 Events listed in CAPS are SCCHA sponsored

✓ Check our events calendar online at sccha.wildapricot.org/events for late-breaking updates

2017 Date	Event	Facilities Reserved	Contacts, Etc
1st & 3rd Sat. 9am-noon	Pony Club Mounted Meeting	Large Arena	Betsy Cameron oatcakecameron@gmail.com / Nichole Fisher: nm84@aol.com See page 1 of this issue Rain Date: 4/8
2/21	MEMBERSHIP MEETING		
3/19	ENDURANCE WORKSHOP		
4/8	WORKDAY		
4/22	MEET CLUB OPEN HOUSE	paddocks available	
4/29	CEZANNE DECHRISTORA	15 paddocks Large Arena	
5/13	Redwood Riders	paddocks available Large Arena	
5/20	RELAY FOR LIFE	entire grounds	
6/16	Pony Club Tetrathalon	10 paddocks	
6/18	P.V.H.C.	12 paddocks	
6/24	Redwood Riders Camping	paddocks available Large Arena	
7/1	Summit Riders Camping	12 paddocks	
7/15	FIREWORKS RIDE	all paddocks reserved	
7/20	Bay Area Savay Players	30 paddocks 2 Arenas	
8/5	Krista Koenig Clinic	12 paddocks Large Arena	
7/28	Pony Club D Camp	all paddocks reserved	
8/18	Tri City Horsemen	12 paddocks	
8/27	Redwood Riders	paddocks available Large Arena	
9/14	BUSTER McCLAURY	15 paddocks Large Arena	Bonnie Stoehn, 457-2224 bonnies@cruzio.com
9/20	CSHA TRIALS	all paddocks reserved	
10/7	CAMP CUTLOOSE	all paddocks reserved 2 Arenas	
10/27	VAQUERO CLINIC	15 paddocks 2 Arenas	
11/11	Krista Koenig Clinic	12 paddocks Large Arena	
12/10	HOLIDAY PARTY		

Trading Post

Brand New Extreme Vortex 1680D High Neck Turnout Blanket 82" Waterproof/Breathable. 300 grams of high-loft poly fill. Adjustable double buckle front closure. Elasticized, extended shoulder gusset maximizes freedom of movement. Mid-neck coverage - eliminates rain and sleet from seeping under the blanket in the shoulder area and rubbing on wither area. Cross-Bias nylon surcingles with elasticized insert. In our neck of the woods, this blanket is suitable for a horse that is clipped in winter, which my mare isn't... so selling for a very reduced \$85. Claudia manedance@baymoon.com / 234-5145

2016-17 SCCHA Board of Directors

● *Area code for phone numbers is 831 except where noted* ●

President

Robin Musitelli, 338-8980 manemom@gmail.com

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CLUB WEBSITE: sccha.wildapricot.org

GROUNDS CARETAKER: Tricia Dalton idratherbridin@yahoo.com 566-4763

February 2017

Address correction requested

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SCCHA