SCCHA Newsletter October2022

From: Santa Cruz County Horsemen's Association (sccha@wildapricot.org)

To: lindsayao@yahoo.com

Date: Thursday, October 6, 2022 at 09:03 PM PDT

Is your newsletter too small to read easily on your computer? Try this:

Hold down the CTRL key (on a PC) or the CMD key (on a Mac) while you hit the + key until the pages are large enough. If you want to revert to the original size, hold down CTRL or CMD and hit zero

You can also enlarge the newsletter in the website archives https://sccha.wildapricot.org/Newsletter-Archives

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President's message:

I camped overnight with six girls from the Encore Equestrian vaulting club this past weekend, reveling in the cool fog of fall. What absolute fun! The girls practiced horse gaits on their two legs, running through the field and the obstacle course, looking more like gazelles than horses. They slept in a tent, ate too much candy, and talked about horses, horses, horses. (I slept in my cozy, quiet trailer.)

As we were leaving, more kids were coming in with Laurie DeLalle, also camping. It is so wonderful to have kids at the Showgrounds. They can run to their hearts' delight, climb on the tree stumps and, of course, horse around. It reminds me why we do this SCCHA stuff. It's true that the outside of a horse is good for the inside of us all. It's also true that outdoors is good for the inside of all of us, cultivating a quality of being.

I know that I'm preaching to the choir when I talk about how good horses are for kids. We've all had our first horse, whether it was a pony that scraped us off or a draft horse that worked valiantly to keep us on. There's nothing like taking care of a horse, being with a horse, and sharing secrets with a horse to learn big lessons in life. Most, or at least many, of the kids camping out at the Showgrounds these days don't own their own horses. But they get to experience horses, and that's time well spent. SCCHA wants to encourage that as much as possible.

I'm certainly not above feigning innocence when a child asks to pet my mare, knowing full well the love of horses being instilled, and knowing well the pleas that will pummel her parents every Christmas and birthday for years (or as long as it takes.)

Lorraine Flores is earning her PhD in P.ost h.ole D.igging (get it?) and planted five more crepe myrtle trees around the Clubhouse this past weekend. They were on sale, so we went for it. Lorraine is also earning a second BA in Buffed Arms.

Reminder to put the SCCHA Holiday party on the calendar for Dec. 18. We'll email the details when we figure it out.

Happy trails,







10/14-15: San Vicente Sneak Peek for Equestrians

10/18: Member Meeting: Paint the Sapphire Stallion

12/18: SCCHA Holiday Party

For more info, click the link to the SCCHA website below:



The ever-agile Encore Equine vaulters posing at the SCCHA Showgrounds.

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Don't forget to check the SCCHA website for more events: https://sccha.wildapricot.org/

and our FB page: $\underline{https://www.facebook.com/people/Santa-Cruz-County-Horsemens/100057818433171/}$

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For years to come, we will be able to enjoy the shade and beauty of the carefully selected trees being planted at the Showgrounds. Many thanks for the heroic hard work by Lorraine Flores, Shannon Halbleib, and the rest of the crew (photo above left: Shannon and Lorraine just finished planting another tree; above right: gorgeous Crepe Myrtles grace the walkway to the Clubhouse). Thanks also to those who have donated to this project.

Another great addition to the Showgrounds: The new Open/Closed Sign greets members and visitors and lets them know which areas are usable when they drive in! Green it's a go! (Red it means no.)



Be sure to thank SCCHA sponsors listed on the back of the sign, which also has a map of adjacent trails.



Are You Ready?

We're all hoping for rain, but not the mud that comes with it. Now is the time to prepare for whatever nature dishes out this year:



- ► Raise low spots: Make sure your horse will be high and dry. Get that load of DG and pea gravel now.
- ► Direct water: install gutters/downspouts, build berms and swales around paddocks, plant hedgerows.
- ► Capture the rain: install rain barrels and cisterns; we'll need that water when the rain stops!

For great tips, from downpours to drought, check out: http://www.horsesforcleanwater.com/solutions



Pumpkins are a very nutritious and tasty snack for your horse, but there are some things you should know:

- Don't feed decorative gourds, (they can be toxic); only feed clean, mold-free orange pumpkins used for cooking and eating.
- ▶ Don't feed pumpkins that were decorated or ones used for lanterns; paint and wax are toxic.
- Don't feed stems or vines, they can cause choking.
- Cut into bite-sized chunks; horses can choke on whole pumpkins.
- As with any treat, feed in small amounts...then watch your horse enjoy the delicious rind, flesh and seeds!







October 18 SCCHA Member Meeting 6:30 pm at the Clubhouse



We are hosting a two-hour painting class at our Oct 18 Membership Meeting. Light appetizers and pie will be served.

For our model, we've chosen the Sapphire Stallion, a beautiful blue horse painted on a fiery background by Kimberly Godinho, founder, owner, and operator of The Painted Cork Art Studios! Kimberly started her business with a dream in her heart, a BFA in her hand, and over 25 years of teaching and painting experience.

The cost of the class is \$45.00 per person. We need 18 participants to host the class. If you would like to attend please sign up and pay by 10/8. To reserve your spot, ontact Kathy:kathyrodoni@gmail.com or Patsy: Patsy.Johnston@sbcglobal.net and we will send you an invoice. Your spot is reserved once we've received payment. We are excited about this class and hope you are too.

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RAISING Ringo & Hero by Darren Hawks, DVM, SCCHA Member

Left: Darren and her perfect partner, Kai, at a Working Equitation clinic at the Showgrounds in 2018; Center: Hero, the Morgan colt Darren felt she was meant to be with; Right: Darren introduces her two weanlings, Ringo and Hero, to their new home in November, 2020.

I have had Kai, my 27-year-old Morgan gelding, for 21 years. I got him 4 months under saddle; he had been started by Paul Dietz (a protégée of Buck Brannaman, Ray Hunt, and Tom Dorrance) at 6 years of age, so he was fairly mature when he started his training. Kai actually came to me in a dream before I met him. We had the perfect partnership—NATRC, trails, obstacles, packing, Working Equitation. A once-in-a-lifetime horse who wanted to do anything I wanted to do.

Kai developed stifle issues as well as muscle problems from PSSM 2, and he requested retirement. He is much happier now in a herd situation with lots of space for movement. I still see him daily.

When I started to think about getting a new horse, I saw a photo of Hero (CEP Naja-named for a symbol of protection from the Evil Eye for horse and rider in Moroccan history) as a foal and immediately thought: "I know this horse; he is supposed to be with me." I got Ringo (CEP Dasan Naiche, translates from Cherokee to "Chief Mischief") as a companion for Hero.

I am good with hot, anxious, high energy horses. Hero fits the bill. He is brave, reckless, but still likes someone else to lead. Ringo, however, is very strong in his personality, a natural leader with very strong thoughts-not a personality I would have picked for myself. While Hero intrinsically loves to interact with me and follow me (and climb up stacked hay bales to get to me), I needed a reason for Ringo to want to be with me. Ringo would definitely have responded to a human with strong, clean, well-defined energy, but right now I am not that person. I often frustrated him. What did I have to offer him?

One key piece has been Josh Nichol's Relational Horsemanship (www.joshnichol.com). He teaches about seeing a horse's unmet needs as the basis of training. He works with a combination of three basic needs of mind, pressure, and space. Turns out Ringo is a definite Space horse. He needs to get a sense of me, and if I retract my energy, he simply has to invade my space more to get his needs met. So I am working very hard at putting my energy out into my field. It is amazing what just holding a crop (not even really using it; just a barrier/extension of myself) does to calm him and make him happier. That is until Hero chewed off the tip of the crop (of course!).

Top: Kai teaches the youngsters to be upstanding citizens in a herd. Center: Darren and Hero navigate the Obstacle Challenge; Bottom: Darren and Ringo back through an obstacle.







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Recently, I took both colts to a Lockie Phillips/Emotional Horsemanship clinic (www.emotionalhorsemanship.com). Lockie is all about consensual horsemanship. We learned how to bring out "Care" as a behavior in a horse by tapping into the innate behaviors and relationships between a dam and her foal. This program of Mother-Foal Bonding helps develop a sense of Care, or awareness and gentleness, in the horse's interactions with his or her handler. I am very hopeful that these teachings will help Ringo develop trust and interest (and Care and gentleness) in me. I would love to work with his very strong personality in a non-adversarial way to bring out a sense of power, play, and partnership.

Hero did very well at the clinic. I swear, that colt will be a psychic partner someday. Ringo had a tougher time, with multiple meltdowns, air-borne launches of frustration, and a whole lot of pulling me around and me pulling him around. I still don't measure up as a leader in his mind. An interesting note here—no one seems to talk about the stuff that goes sideways (or backwards!); how I feel so behind, or wrong, or deficient. But then someone will say: "Oh, that's just a two year old," and then I feel that I am doing OK. It is true that many of our "problems" do seem to just go away with time and maturity.

The clinic was also great for just getting the colts exposed to a longer trailer ride (1.5 hours each way), a group situation in an arena, horses trotting and cantering and doing a few airs above ground on lunge lines, watching galloping polo ponies. Such a great experience! Next up in October will be another obstacle clinic, this time with Ali Kermeen, with Working Equitation being the goal.

The current plan is to continue the colts' second year in exposure and relationship. I hope to start groundwork for posture, work with the bosal, and preparation for riding during their third year. Riding will begin during their fourth year, with the first few years in the hackamore, then two-rein, then eventually "up in the bridle" as a bridle horse; no snaffle bit at any time.

For those of you who are interested, the Californio Vaquero style is very specific to our area, the coastal mountain ranges. Whereas the plains of the Midwest developed the Buckaroo style of snaffle bit for covering longer, more flat distance, cattle work in our steep hills demanded a more collected, upright style. A horse brought along in the Californio Vaquero is taught self-carriage, collection, and seat/leg aids from the start. Check out Bruce Sandifer. Bruce teaches training by finding balance rather than using pressure (www.brucesandifercbh.com).



Hero (above) and Ringo (below) at a recent Lockie Phillips clinic.



YOU. THE HORSE. THE SPACE IN BETWEEN

A connection with a horse is not about bleeding into each other, or growing on top of each other. At first, it has nothing to do with biomechanics, physicality, or touch.

Connection begins in the clear space in between you and the horse.

What are you putting into that space in between you? Do you have that space? Does the horse value it? Do they even know it is a thing? Is it important to the horse that they can take a clear look at you with two eyes and understand what you are doing, and begin to feel why you are doing it?

If the answer to any of the above is obfuscating, then we have some work to do to find value there. Value in; you, the horse and the space in between. Clean, skilled, nuanced and consenting use of that space is a solid foundation for which a whole host of bigger interactions come later.

Even interactions that could typically lead to dangerous behaviour. If your foundation is good enough, it will rarely escalate to that hazardous point, if it escalates at all. And a world of possibility opens.

So, I will continue to teach about the space in between as the first step toward that deep caring connection. Because too often, we latch onto the horse mentally and emotionally, too quickly. Before the horse had a chance to discover who you and they were, and what the space in the middle meant. Giving the horse a chance to meet that space in between you, to train that space without punitive measures, and with a clarity and grounded tone that facilitates the growth of confident, clear-headed horses is not only a safe and simple (not easy) thing to do, but can be an enjoyable devotion to your horsemanship. If you got off track, and don't have this yet, no big deal. Today might be the first day of implementing the changes needed to get it.

—Lockie Phillips https://www.facebook.com/lockiemphillips

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Above: President Melany Moore and the new Summit Riders banner.

After almost two years on pandemic-induced "stall rest" Summit Riders is saddling up again! Founded in 1967, the riding club and has enjoyed a rich history of shows, campouts, clinics and more. Summit Riders has seen generations of equestrians grow and enjoy sharing their love of horses, special friendships, and joys of life in the Santa Cruz Mountains.

In recent years much of the Club's active members either aged away from horses or moved away from the mountains, with just a small core of dedicated volunteers left. A new wave of post-pandemic enthusiasm has arrived, however, and the Club is growing again, renovating its online presence and monthly newsletter, conducting a work party and now a Play Day, as well as scheduling a holiday party. New members are truly welcome. Follow the Club on Facebook @SummitRiders to see photos of past and current equine activities.

The Club invites SCCHA members to join our Fall Play Day. Events are all fun-and-games from bobbing for apples to equine soccer and include the Club's beloved costume class with the Perpetual Trophy on the line.



October 15 Summit Riders Arena 24705 Miller Hill Rd, Los Gatos

Click the link below to register!

Advance registration (postmarked by Oct 10) saves \$5 over on-site signup and guarantees a fresh-cooked lunch prepared by club volunteers. Volunteers are also needed; call/text Suzanne at 415-519-8031 or email suwanda@surfnetc.com to give this little club a "leg up." Volunteers get a free lunch; register in advance and you can also divide your day between events and volunteer duties and maybe win a ribbon or two to take home!

After 12 years of intense planning, the first phase of the San Vicente trail system is nearly complete. Trail users can preregister for a free pass from Land Trust Santa Cruz County (www.landtrustsantacruz.org). LTSCCC partnered with Peninsula Open Space Trust, Sempervirens Fund, and Save the Redwoods to purchase, restore, and conserve this magnificent property that stretches from the Empire Grade ridgeline to the Pacific.



Planning has included years of study and public input. Restoration efforts have been epic, bur the forest is still healing after so many years of natural and human abuse, Hikers, bikers, and equestrians will have a rare opportunity to experience San Vicente Redwoods, but they will need to treat the land well or the remaining phases of trail construction may not be completed.

Passes will be mailed out in time for the Grand Opening on December 3, so sign up now!



Come join us at the Showgrounds, and let's get Stronger,

More flexible, and

Feel more youthful together!

- All fitness levels welcome.
- Modifications included in each training session.
- All sessions include strength training, core, balance, flexibility, and some agility/cardio.
- Each session is 45 mins and never repeats itself.

You love and invest in your horse every day.... isn't it time you do the same for yourself? Your horse will thank you!

MONDAYS 12PM / WEDNESDAYS 11AM DROP IN: \$25 / MONTHLY: \$120

Contact:

Karen Bish: kbish@kanddbish.me Ashley Lamorte: lamortelift@gmail.com

http://www.summit-riders.com/calendar-of-events.html

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Fitness, Function, & Flexibility

Take advantage of Jec's coaching while learning beneficial exercises to make your horse's off-season productive. Enjoy a day of bonding with your horse through exercises that have a positive impact on comfort, flexibility, and physical balance



Nov 5, 10am to 2pm SCCHA Showgrounds

\$100 per horse/rider To register or for more info: jec_aristotle@hotmail.com

10am: Unmounted exercises. Learn groundwork routines to keep your horse's body tuned up and feeling comfy.

10:45: Ridden exercises at walk and trot to develop balanced, fluid movement.

12:30-2pm: Ground pole routines and canter exercises for better fitness.

(Riders can participate in as much of the schedule as they wish.)





In Case You Missed It: Last month's member meeting guest was dance instructor Maureen Atkins. Members learned to express joy and feel unity with the traditional Sacred Circle Dance!



Introduction to

Thanks to the amazing speakers, tireless volunteers, knowledgable mentors, and enthusiastic participants, the Endurance Clinic last month was another really successful event. Even the unseasonable downpour of rain was taken in stride as part of the endurance experience.

Thirteen horses and riders, as well as eight or so auditors showed up for the two-day event. Sponsored by the SCCHA and Quicksilver Endurance riders, the clinic was put on by the "terrible trio": Nick Warhol, Debbie Boscoe, and Jill Kilty-Newburn.

On the first day, the featured speaker was Becky Hart, three-time world Endurance champion. She covered every aspect of the sport, including the day-to-day issues all riders deal with. Becky followed the beginner presentation by Steve Hinz, a 72-year-old rider and a great inspiration to everyone starting out. Molly Rogers, a Specialized Saddle rep, talked about saddle fit for endurance and used a participant's horse for a fitting demo. After the talks the horses were vetted for the ride the next day.

. About eight riders joined their mentors and braved the heavy rain and wet trails on the second day. They appreciated the hot showers and hot coffee back at the Clubhouse at the end of the ride

Thanks to Nick, Debbie, and Jill, the speakers, volunteers, and the sponsors of the event, Western Saddlery and Specialized Saddles, who provided participation and completion awards.

Endurance Clinic

Three riders went on to ride and finish well in the Quicksilver ride. Participant feedback was overwhelmingly positive:

Steve Hinz: "the Team did a great job helping me understand the sport better. The most valuable insight I received was the hands-on experience of riding with a knowledgeable person who gave me great tips!"

Dana Adams: "I loved the clinic! I enjoyed listening to high-mileage riders share what works for them and best practices. The vet check practice was wonderful because it gave us an opportunity to ask questions, and hear feedback from the clinicians on what to expect and improve on. The team was open to any and all questions and gave support when one of us had a problem we had not experienced before... very nice clinic for us newbies!"

Joann Watkins: "I had a wonderful time at the clinic. Excellent presentations well-timed and full of great information. Riding in the rain was my very favorite part. Nick made sure that we understood each piece from heart rate to understanding the ribbon system to finding the perfect speed for a successful ride."

Diane Marcel: "Loved everything about it."

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SMALL RENTAL WANTED: My good friend, Julie Carpenter, is a well-known local horseman and trainer who has been living up north and is now looking to find a place in Santa Cruz County.

She needs a small studio or a place with her own bedroom and bath, but could share a kitchen. Julie plans to live in Santa Cruz full-time during the winter months, but only sporadically through the rest of the year because she has a busy clinic schedule all over the West; she will happily pay rent here year-round as she would like to have a home base in Santa Cruz.

Her price range is \$14-\$1600 per month; prefer a location in SLV, but not critical. She has a very friendly and extremely well-trained dog.

I have known Julie well, both personally and professionally for several decades, and can strongly recommend her as a low-key, kind, and highly responsible person!

If you have any rental possibilities for Julie, please contact her directly via phone or text: 831-818-3129

Posted by Renee Shepherd SCCHA Lifetime Member

COAST ROAD STABLES

Boarding Available. Choice of large paddocks with cover and storage. Several arenas and turnout areas, wash racks, trailer parking. Reliable cleaning and feeding available. Adjacent to Wilder Ranch State Park. Message Ben 831-247-0543 or Amy 707-477-4720.





For Sale: Hit Air vest. Wore it a couple of times, now languishing in my trailer. Purchased from Smartpack less than a year ago. Warranty has not been filled. The only thing missing is the plastic bag it came in! \$400 shipped in the US. Elisabet - Lazo@ucsc.edu or 831-234-4732

Hit Air® Equestrian Super Light Weight Vest

Our Price: \$499.00

TRAIL RIDER'S DREAM: ~ 4.5 miles above UCSC bordering Wilder Ranch. Over 100 acres, hours of trail riding PLUS, our access to Wilder may be the best in the area. Small, full-service stable that rarely has openings. We provide: 12'x12' matted stall w/ a 12'x24' paddock.

- AM and PM feeding.We feed alfalfa, and an
- alfalfa-grass mix. We accommodate most diets.
- · Daily cleaning and shavings
- · Large turnouts (for an additional fee)
- · A heated and well-appointed tack room.
- 3 matted & lighted washing/tacking stalls. Farriers & Vets love it.
- An arena w/ mirrors and lights.

Caretaker is communicative and conscientious, and can accommodate individual feed needs: grain, meds, etc. The Owner lives on-site, adding security, supervision and extra horse love. We charge \$550/month. Come see us! Please call 714-272-4618 or 831-426-7692 to inquire. Happy trails!



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Upcoming Events 2022

10/13-16	Search&Rescue Event/all paddocks reserved	info@sccha.com
10/14-15	San Vicente Sneak Peek for Equestrians!	sccha.wildapricot.org/event-4965794
10/15	Summit Riders Play Day	www.summit-riders.com
10/18	SCCHA Member Meeting	kathyrodoni@gmail.com
10/21	San Martin Horsemen's Camp/ paddocks res'd	info@sccha.com
10/30	Equine Evac All Day Training @ Showgrounds	info@sccha.com
11/05	San Martin Horsemen's Poker Ride/Harvey Bear	www.smhorse.org
11/05	Jec Ballou/Equine Fitness @ Showgrounds	jec_aristotle@hotmail.com
12/18	SCCHA Holiday Party	save the date and stay tuned!

For more details, see SCCHA FB and website.





Family horse looking for good home. Missy, 12-yr-old grade TB mare, 15.3 h. She neck reins, has had cow work experience (sorting and roping), is started on the barrel pattern, and is wonderful on trails. Missy will ride through rivers, to town, and is great on roads. She can be ridden without a bit, and is very willing to please. No medical issues, clean bill of health, clean legs, UTD on shots and feet. For photos and more info: katrina_ramey@yahoo.com

Part time riding instructor for children with disabilities needed. Westwind Riding Institute, an equine therapeutic riding program located in Los Altos Hills, CA seeks a Riding Instructor to join our team. The prospective candidate will have excellent horsemanship skills, strong leadership capabilities, and arena and trail experience. Position requires safe, fun, and creative instruction and training/working with volunteers. Classes meet Mondays and Fridays from 4-5 pm for three 10-week sessions. There is a 2-hour (Monday) summer evening session for 6 weeks. Experience working with children with disabilities is ideal. please email, Westwindriding@gmail.com

Westwind Riding Institute is looking for a few good horses. We would like a long-term lease on gentle, healthy horses to be used in our therapeutic riding program. Working in the easy pace of the therapy program is the perfect second career for an older or outgrown horse, and a great way to make use of their life experiences. We have both pasture and stall boarding available in Los Altos Hills. We give excellent care and lots of love to the horses in the program. Contact Deb at Westwindriding@gmail.com

Felton: 800 SF 2/1 cottage w/ corral/shelter option. Super easy access,10 min to Santa Cruz, 2 min to Felton. Meadow view, oaks, madrone, fruit surrounding, yet house gets plenty of light. 2 large decks, full kitchen, electric range, refrigerator, full-size shower/tub, w/d hookups. Tile floors throughout, numerous windows, gas heater. Responsible for minimal upkeep for approx 1/2 acre fenced. Room for garden; horse corral/shelter avail at add. cost. Avail. 4/15. Dog(s) ok with refs. 2nd house on 6 acres, distanced from main house. Quiet, non-smoking. Rent: \$2,800. Sec/cleaning dep: \$2,800. Water/garbage included in rent. Tenant pays PG&E/propane. Contact Jeannette: 831.818-8013 or 335-8133, jennamoretti18@gmail.com.

Grade gelding for sale. Approx. 11 years old. Has been ridden English and western. Some working equitation and private lessons. In pasture since August. \$4,500 or best offer. Serious inquiries only. 831.818.6735, ask for Kim.

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SCCHA News Submissions: DEADLINE is the last Tuesday of eachmonth for the following month's issue.

Stories and Articles
Members, please share your horse interests
and experiences with us! Articles from other publications accepted

with reprint permissions. Email copy to editor in these formats; doc, docx, pdf

jpg, png formats, 72 dpi minimum

Trading Post Ads:

Must be non-commercial and horse-related. Free to members; \$10 for non-members. Include item, price, name, and contact info. Renew by email each month ad is to be run.

Must be "camera ready." Email images and/or copy to editor. Ads must be paid in advance to SCCHA. Send payment to: SCCHA, 1251 Graham Hill Rd, Santa Cruz, CA 95060

Business Ad Rates:

Business card \$20/mo \$50/3 months 1/4 page \$40/mo \$400/year 1/2 page \$80/mo \$800/year 1/2 page

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Thank You to our Board and all our Volunteers! 2022-2023 Board of Directors

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